



## Deep Eddy Therapy Doctoral Internship Brochure for 2025-2026

The APA accredited\* Doctoral Internship Program at Deep Eddy Therapy is designed to be aligned with [Deep Eddy Psychotherapy's values](#) thereby creating a [warm, inclusive, and connected culture](#) to provide doctoral interns with a focused and intensive experience in various clinical modalities, including opportunities to provide therapeutic services such as individuals, couples, groups, including intake assessments and various consultative support with experts in the practice. The internship consists of in-person services, supervision, training didactics, and support. Interns are required to attend two to four hours of clinical training per week (primarily didactic and experiential with some case consultation), in addition to weekly individual and group supervision, present a didactic(s) to the practice, and supervise students from our Master's Internship and Doctoral Practicum (MIDP) program. This is primarily a therapy site; however, there may be some opportunities to provide adult ADHD assessments in collaboration with our psychometrist. The Deep Eddy Therapy Internship program *starts on August 11, 2025 and concludes on August 7, 2026.*

**Program Aim:** The primary aim of our Internship is to prepare psychologists who are capable of and committed to providing ethical, professional, and socially-just psychological services.

**Training Goals:** The DEP training program is an advanced psychotherapy and/or assessment experience that allows students the opportunity to practice within a large and well-established group private practice in Austin, TX. The goal of this program is to provide training and supervision in the following areas:

- Competence in Research
- Competence in Ethics
- Competence in Individual & Cultural Diversity
- Competence in Professional Values & Attitudes
- Competence in Communication and Interpersonal Skills
- Competence in Assessment
- Competence in Intervention
- Competence in Supervision
- Competence in Consultation and Interprofessional/Interdisciplinary Skills

**Training Curriculum:** Curriculum corresponds with the above goals and includes training in each. Interns will attend four 12-week training didactics. Training didactics teach leading theories in their area and provide case conceptualization/example cases and become increasingly complex and advanced throughout the year. Because Deep Eddy Therapy Internship provides generalist training, focus of training didactics will vary. Past training didactics have included trauma, couples therapy, pediatric therapy, family therapy and Minding the Heart. For example, Minding the Heart covers the theory and technique of the leading experiential

therapies (e.g., AEDP, Coherence Therapy, IFS) and skill-building practice of the interventions/techniques used in these approaches. Doctoral interns may also choose to expand their knowledge on Couples Therapy, Group Therapy, and/or Child Therapy by attending weekly consultation groups in any of those areas and have access to a clinician(s) specialized in these areas. Interns will have the opportunity to facilitate/co-facilitate a one-hour group supervision and/or individual supervision for MIDP students. Interns will have two hours of individual supervision per week by a licensed psychologist. Interns will also participate in Group Supervision that is once per week for two hours and is facilitated by the Director of Doctoral Internship and/or Assistant Director of Doctoral Internship.

**Structure:** The internship program is a full-time (40 hours per week, approximately 2000 hours total), 12-month long program. Note that total hours will be less due to holidays and if all PTO is taken. The training experience at DEP consists of a combination of direct clinical work, individual and group supervision, didactic training rotations, supervision of MIDP students, participation in your choice of weekly consultation and training groups, and additional hours for documentation and other administrative tasks. The designated block of direct clinical service time is 22-23 hours per week (referrals allowing). Based on doctoral intern’s chosen interests, these hours can be allotted to individual, couples, families, or group counseling. Interns will also have the opportunity to present to the community throughout the year.

***Weekly time Allocation:***

Activity	Time Allotted
Direct clinical services (50-55%)	22-23 hrs
Individual Supervision (5%)	2 hrs.
Group Supervision and Consultations (10%)	2-3 hrs
Didactics and Experiential (7-12%)	2-4 hrs.
Clinical Preparation (20%: e.g., case notes, intake notes, group notes, supervision prep, administrative tasks, etc.) focus on assigned readings, prepare for supervision, review client records, or to perform case management activities (e.g., making referrals, writing progress notes), research and preparation for presentations throughout the year	8-10 hrs

**Site Locations and offices:** While the doctoral internship program is all one site, there are [six ADA compliant office locations](#) located in Austin and the surrounding areas. Each beautiful location includes eight or more clinician offices, staff rooms, and waiting rooms all with modern and inviting furniture and decor. The South Central office has a large meeting room where we have trainings and meetings. Intern office location will be based on supervisor location and/or

office availability. Every effort will be made to assign office location no later than June in order to aid the intern to secure convenient housing.

**Staff:** We have a large team of therapists (225+ clinicians of different license types), several psychiatric providers, and administrative support staff, plus a Clinical Director, Assistant Clinical Directors, Director of Master's Internship and Doctoral Practicum, a Director and Assistant Director of Doctoral Internship, a Director Postdoctoral Training, and a Director of Diversity/Equity/Inclusion. Given the wealth of knowledge and expertise found in our practice, consultation is always encouraged.

**Resources:** In addition to the above team of colleagues who are available for consultation and the admin team support staff, include many recorded trainings on experiential therapy, diversity, ethics, HIPAA, and specialty areas, such as Sex Therapy or Neurodiversity. Readings and research articles that support presented material will be suggested in all the training rotations.

Deep Eddy interns have access to numerous ADA compliant offices and professional resources. All interns are provided with individual office space, a desk, an individually assigned work phone number with voicemail, an email address, and basic office supplies. Each office has access to the internet as well as a printer/copier/fax machine as well as an external camera. Please note that while the Deep Eddy Internship program provides clerical, technical, and electronic support, interns are required to provide their own laptops and/or computers. Each intern additionally has access to administrative and IT support, as well as client scheduling support.

**Expectations and requirements:** Interns are expected to commit to and demonstrate ethical behavior as defined in the APA Code of Ethics and to become familiar with and observe all DEP policies and procedures. Similarly, doctoral interns are required to abide by expectations set forth by the director and communicated in the Employee Handbook and Doctoral Internship Manual. The Deep Eddy Internship Program requires that interns demonstrate minimum levels of achievement across all competencies. Interns are formally evaluated by their primary supervisor twice annually, at the midpoint and end of the internship training year. Evaluations are conducted using a standard rating form, which includes comment spaces where supervisors include specific written feedback regarding the interns' performance and progress. The evaluation form includes information about the interns' performance regarding all of Deep Eddy Therapy's expected training competencies and related training elements. Supervisors review with the interns and provide an opportunity for discussion at each timepoint. A copy of the evaluation form is provided to the intern and intern's DCT at all necessary time-intervals.

We expect high quality clinical work, an eagerness and openness to learn and grow personally and professionally, and professionalism throughout the Doctoral Internship. All supervisors utilize the integrated developmental supervision model as the frame of their supervision, and, as such, all interns will be required to record all sessions for, at least, the initial several months of internship.

**Salary:** Doctoral interns are considered non-exempt full-time employees and will receive an annualized hourly rate of \$36,000 (\$17.30/hour) and is paid on our bi-weekly cadence, with the first disbursement on August 22, 2025. Part-time positions are not offered.

Basic HMO medical insurance for the intern is covered by Deep Eddy Therapy. Buy-up medical plans, dental, and vision coverage are offered for the intern, family, and legally married or domestic partners at an additional cost to intern. Interns are also eligible to enroll in our 401K

retirement plan. Insurance coverage and retirement eligibility begins the first month following the intern start date.

Paid time off (PTO) is accrued at a rate of **4 hours per two-week pay period** for all non-exempt employees. Interns can accrue a total of 13 days PTO (to be used for combined sick and vacation time) and get 8 set holidays. Interns are generally not permitted to take paid time off during their first and last two weeks of the internship year unless there are special circumstances such as graduation, dissertation defense or other professional development activities. This policy allows interns to become fully oriented to the organization and to also ensure all exit procedures are completed before interns complete their training at Deep Eddy Therapy.

**\*APA Accreditation Status:** Deep Eddy Therapy's Internship Program is [Accredited on contingency](#) as of May 3, 2024. An intern who completes a program that is recognized as "accredited, on contingency," effective before their respective graduation date, will have completed an APA accredited program.

**Application Requirements and Interview Process:** All application materials should be completed, signed, and submitted online through the APPIC portal using the online AAPI by November 22, 2024 by 11:59 EST.

1. A letter of interest.
2. AAPI
3. A CV or resume.
4. Official transcripts of all graduate work.
5. Three letters of reference, at least two from individuals who have supervised your clinical work.

Applicants must come from an academic program that is APA accredited.

After reviewing all application materials, applicants who make it through our application review process will be notified through the National Matching System (NMS) with information about how to schedule a virtual interview that will last about an hour. Interviews will be held by the Director and/or Assistant Director of Doctoral Internship and possibly a supervising psychologist. **Interview dates will be in December and January.** Current doctoral interns will be available to talk to each applicant interviewed to answer questions and/or further explain the program on Tuesday, December 17th at 1pm CST; Tuesday, January 7th at 1pm CST; and Friday, January 17th at 11am. Link will be provided through the NMS.

The internship program is an APPIC (Association of Psychology Postdoctoral and Internship Centers) member and complies with all APPIC application requirements and standards. This internship site agrees to abide by the APPIC policy that no person at this training facility will solicit, accept, or use any ranking-related information from any intern applicant.

For answers to questions that are not on our website, this brochure, or our APPIC posting, please reach out to [doctoraltraining@deepcentered.com](mailto:doctoraltraining@deepcentered.com).

### Initial Post-Internship Positions

(Provide an Aggregated Tally for the Preceding 3 Cohorts)

	2020-2023	
Total # of interns who were in the 3 cohorts	3	
Total # of interns who did not seek employment because they returned to their doctoral program/are completing doctoral degree	0	
	<b>PD</b>	<b>EP</b>
Academic teaching	PD = 0	EP = 0
Community mental health center	PD = 0	EP = 0
Consortium	PD = 0	EP = 0
University Counseling Center	PD = 0	EP = 0
Hospital/Medical Center	PD = 0	EP = 0
Veterans Affairs Health Care System	PD = 0	EP = 0
Psychiatric facility	PD = 0	EP = 0
Correctional facility	PD = 0	EP = 0
Health maintenance organization	PD = 0	EP = 1
School district/system	PD = 0	EP = 0
Independent practice setting	PD = 2	EP = 0
Other	PD = 0	EP = 0

Note: "PD" = Post-doctoral residency position; "EP" = Employed Position. Each individual represented in this table should be counted only one time. For former trainees working in more than one setting, select the setting that represents their primary position.

The doctoral internship program is accredited by the Commission on Accreditation of the American Psychological Association. Any questions related to the program's accredited status should be directed to the Commission on Accreditation:

#### Office of Program Consultation and Accreditation

American Psychological Association

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Washington, DC 20002

Phone: (202) 336-5979/Email: [apaaccred@apa.org](mailto:apaaccred@apa.org)

Web: [www.apa.org/ed/accreditation](http://www.apa.org/ed/accreditation)