



Deep Eddy Psychotherapy Doctoral Internship Brochure for 2024-2025

Deep Eddy Psychotherapy's Doctoral Internship Program has received authorization for a site visit for APA Accreditation in Spring 2024. Please be advised that while we are committed to attaining accreditation, a site visit authorization does not guarantee success with accreditation.

The Doctoral Internship Program at the Deep Eddy Psychotherapy is designed to provide advanced graduate students, just before receiving their doctorates, with a focused and intensive experience in various clinical modalities, including providing individual counseling, consultation, assessment, and couples and group counseling. The Internship consists of in-person services and on-site telehealth with live supervision and support available in real time. Interns are required to attend two to four hours of clinical training per week (primarily didactic and experiential with some case consultation), in addition to weekly face-to-face supervision and group supervision.

Program Aim: The primary aim of our Internship is to prepare psychologists who are capable of and committed to providing ethical, professional, and socially-just psychological services.

Training Goals: The DEP training program is an advanced psychotherapy and/or assessment experience that allows students the opportunity to practice within a large and well-established group private practice in Austin, TX. The goal of this program is to provide training and supervision in the following areas:

- Competence in Research
- Competence in Ethics
- Competence in Individual & Cultural Diversity
- Competence in Professional Values & Attitudes
- Competence in Communication and Interpersonal Skills
- Competence in Assessment
- Competence in Intervention
- Competence in Supervision
- Competence in Consultation and Interprofessional/Interdisciplinary Skills

Training Curriculum: Curriculum corresponds with the above goals and includes training in each. Interns will attend four 12-week training didactics. Training didactics teach leading theories in their area and provide case conceptualization/example cases and become increasingly complex and advanced throughout the year. Past training didactics have included trauma, couples, pediatric, and Minding the Heart. For example, Minding the Heart covers the theory and technique of the leading experiential therapies (e.g., AEDP, Coherence Therapy, IFS) and skill-building practice of the interventions/techniques used in these approaches. Doctoral interns may also choose to expand their knowledge on Couples Therapy, Group Therapy, and/or Child Therapy by attending weekly consultation groups in any of those areas and have access to a clinician(s) specialized in these areas. Interns will have the opportunity to

facilitate/co-facilitate a one-hour group supervision and/or individual supervision for master's and/or doctoral level practicum students. Interns will have two hours of individual supervision per week by a licensed psychologist. Group Supervision for doctoral interns is required, will be once per week for two hours, and facilitated by the Director of Doctoral Internship.

Structure: The training experience at DEP consists of a combination of direct clinical work, individual and group supervision, participation in your choice of weekly consultation and training groups, and additional hours for documentation and other administrative tasks. The designated block of direct clinical service time is 20-22 hours per week (referrals allowing). Based on doctoral intern's chosen interests, these hours can be allotted to individual, couples, or group counseling, and/or co-leading a group with an advanced group therapist. Interns will also have the opportunity to present at least two times to the community throughout the year. Assessment opportunities are also available, but are secondary to therapeutic work and are not a requirement of our program.

Time Allocation:

Activity	Time Allotted
Direct clinical services (50-55%)	21-23 hrs
Individual Supervision (5%)	2 hrs.
Group Supervision and Consultations (10%)	3 hrs
Didactics and Experiential (7-12%)	3 hrs.
Clinical Preparation (20%: e.g., case notes, intake notes, group notes, supervision prep, administrative tasks, etc.) focus on assigned readings, prepare for supervision, review client records, or to perform case management activities (e.g., making referrals, writing progress notes), research and preparation for presentations throughout the year	8-10 hrs

Site: Deep Eddy Psychotherapy has 7 locations, but is all one Doctoral Internship Site with different office locations for the same program. However, the internship is based out of Austin. Intern office location will be based on supervisor location and office availability. The locations are listed on our website. They include 8 or more clinician offices, staff rooms, a receptionist room, and waiting room. The South Central office has a large meeting room where we have trainings and meetings.

Staff: We have a large team of therapists (150+ clinicians of different license types) and administrative support staff, plus four Clinical Directors, a Doctoral Internship Director, a Postdoctoral Fellowship Director, and a Diversity/Equity/Inclusion Lead.

Resources: In addition to the above team of colleagues who are available for consultation and the admin team support staff, include many recorded trainings on experiential therapy, diversity, ethics, HIPAA, and specialty areas, such as Sex Therapy or Neurodiversity. Readings and research articles that support presented material will be suggested in all the training rotations.

Deep Eddy interns have access to numerous ADA compliant offices and professional resources. All interns are provided with individual office space, a desk, an individually assigned work phone number with voicemail, an email address, and basic office supplies. Each office has access to a printer/copier/fax machine. Please note that while the DEP internship program provides clerical, technical, and electronic support, interns are required to provide their own laptops and/or computers. Each intern additionally has access to administrative and IT support, as well as client scheduling support.

Expectations: The program also includes formal and informal evaluations and bi-annual feedback provided by the supervisor. A copy of the feedback form may be requested at any time by the Intern and/or their program. We expect high quality clinical work, an eagerness and openness to learn and grow personally and professionally, and professionalism throughout the Doctoral Internship. Interns are expected to commit to and demonstrate ethical behavior as defined in the APA Code of Ethics and to become familiar with and observe all DEP policies and procedures.

Salary: Doctoral interns will receive a salary of \$36,000 and will also receive health, dental, and vision insurance and a retirement contribution equal to an additional 2% of their salaries. Interns receive 15 days PTO (to be used for combined sick and vacation time) + 6 holidays that are personally meaningful to the intern throughout the year.

APA Accreditation Status: Self-study was submitted and [a site visit has been authorized](#). No guarantees of receiving accreditation can be made, but we are committed to attaining accreditation.

Application: Applicants must come from an academic program that is APA accredited. Application materials should be submitted via the AAPI portal. Please click [here](#) for our APPIC listing.

Please reach out to Dr. Rachel McCarthy (drachelmccarthy@deepeddypsychotherapy.com) with further questions and/or visit our website to learn more about our practice!

This internship site agrees to abide by the APPIC policy that no person at this training facility will solicit, accept, or use any ranking-related information from any intern applicant.